

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT 29	SEPT 30	1 Egg & Cheese Bagel Small Sliced Orange White Milk	2 Breakfast Taco & Ranchero Salsa ½ Red Apple White Milk	3 1 WG Pancake ½ C Blueberry Sauce White Milk
6 ½ Blueberry Bagel 1 oz Cream Cheese Cup ½ Green Apple White Milk	7 Homemade Kolache Banana White Milk	8 Ham & Cheese Croissant Small Sliced Orange White Milk	9 Caramel Pumpkin Parfait w/ Granola ½ Red Apple White Milk	10 Staff/Student Holiday
13 Staff Development /Student Holiday	14 Spooky Web Donut Banana White Milk	15 Crispy Chicken Biscuit Small Sliced Orange White Milk	16 Egg & Cheese Omelette & WG Toast ½ Red Apple White Milk	17 1 Monster Pancake & ½ C Strawberry Sauce White Milk
20 Pumpkin Spice Muffin Vanilla Yogurt Cup ½ Green Apple White Milk	21 Ham & Cheese Tater Tot Bake String Cheese Banana White Milk	22 Sausage & Cheese Pancake Sandwich Small Sliced Orange White Milk	23 Potato, Egg & Cheese Taco & Ranchero Salsa ½ Red Apple White Milk	24 WG French Toast & Cinnamon Drizzle ½ Green Apple White Milk
27 1 WG Toast 1 oz Strawberry Cream Cheese Cup ½ Green Apple White Milk	28 Caramel Cinnamon Roll Banana White Milk	29 Egg & Cheese Croissant Small Sliced Orange White Milk	30 Bean & Cheese Taco & Ranchero Salsa ½ Red Apple White Milk	31 1 WG Monster Pancake & ½ C Strawberry Sauce White Milk

- Menu items are subject to change based on product availability. This menu follows the USDA CACFP meal pattern requirements for Pre-K.

National School Lunch Week: Oct 13th-Oct 17th





OCTOBER 2025

PRE-K

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT 29	SEPT 30	Cheeseburger w/ Mayo ¼ C Potato Wedges w/ Ketchup Small Sliced Orange 1	Cheesy Penne Pasta Basil Tomato Soup Banana 2	Fajita Chicken Taco Garden Salsa Sunchips Black bean & Corn Salad ¼ C Watermelon 3
Cheese Pizza Fresh Celery & Ranch Small Sliced Apple 6	Beef Enchilada w/ Salsa Refried Beans ¼ C Fresh Cantaloupe 7	Grilled Cheese Seasoned Diced Carrots Small Sliced Orange 8	Spaghetti & Meatballs Creamed Spinach Banana *Halloween Sweet Treat* 9	Staff/Student Holiday 10
Staff Development /Student Holiday 13	South Texas Plains Spinach Chicken Quesadilla & Pico de Gallo Refried Beans Small Peach 14	Panhandle Beef and Chimichurri Rice Bowl Fresh Broccoli & Ranch Small Sliced Orange 15	Pineywoods BBQ Chicken Breast Cheddar Sunchips ¼ C mashed Sweet Potatoes & Mushroom Sauce Banana *Sweet Treat* 16	Gulf Coast Chile Verde Rice Bowl Seasoned Diced Carrots Rio Grande Valley ½ Slc Grapefruit 17
Pepperoni Pizza ¼ C Sliced Cucumber & Ranch Small Sliced Apple 20	Beef, Cheese & Bean Taco w/ Salsa Black Bean & Corn Salad Small Peach 21	Chicken Tenders Potato Soup Small Sliced Orange 22	Deli Melt Broccoli & Cheese Soup Banana *Sweet Treat* 23	Pulled Pork Sandwich Seasoned Diced Carrots ¼ C Watermelon 24
Cheese Pizza Fresh Broccoli & Ranch Small Sliced Apple 27	Cheese Enchilada & Salsa Refried Beans ¼ C Fresh Grapes 28	Chicken Burger w/ Bastrop Chicken Sauce Fresh Celery & Ranch Small Sliced Orange 29	Chicken Pot Pie ¼ C Sweet Potato Fries Applesauce 30	Beef & Cheese Nachos w/ salsa Cucumber & Tomato Salad ¼ C Watermelon *Sweet Treat* 31

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